Accessing <u>Servic</u>e

Referrals can be made by:

- Psychiatrist
- Physician
- Social Service Agencies
- Self

To access service:

Phone: 519-524-8316 or 1-877-695-2524 Fax: 519-524-9349

Individuals will be contacted by Community Psychiatric Service staff following review of referral information.

Clinton 56 Mary Street Clinton, Ontario

Exeter 303 Main Street South Exeter, Ontario

Goderich 274 Huron Road Goderich, Ontario

Seaforth 85 Main Street Seaforth, Ontario

Wingham 152 Josephine Street Wingham, Ontario

We Believe

That all people are entitled to grow and develop their skills and abilities in order to function at their highest potential in all areas of their lives.

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New Horizons for Healthcare and Wellness "Best of the Past...Innovative Future"

Community Psychiatric Service



Clinton, Exeter, Goderich Seaforth and Wingham

Satellite Services of Alexandra Marine and General Hospital 120 Napier Street Goderich, Ontario N7A 1W5

Welcome to Community Psychiatric Service

Since mental health issues, like physical problems, affect most of us at some point in our lives, it is our goal to have services available in your community.

Our service supports individuals with mental health problems to enhance their coping skills and improve their quality of life.

Our service is available, on a voluntary basis, to adults age 16 and over with priority given to the seriously mentally ill.

Services Available <u>Include</u>:

- Goal oriented treatment plans developed with each individual
- Treatment and therapy groups
- Skill based educational groups
- Social and recreational groups
- Individual counselling

The length of involvement with our service depends on individual need.

Services Provided By:

Social Workers Registered Nurses Psychosocial Rehabilitation Counsellors Consulting Psychiatrists

Cost

There are no charges or fees connected with our service. Funding for all the Community Psychiatric Service is provided through the Community Mental Health Branch of the Ministry of Health and Long-Term Care.

Confidentiality

Community Psychiatric Service staff works together to support the needs of our clients. All information shared at Community Psychiatric Service is kept confidential within the team. Professionally mandated exceptions to confidentiality will be discussed at your first appointment. All clients are required to respect boundaries of confidentiality while attending programs.